



PUBLIC DISCLOSURE STATEMENT

OPTIMALE HEALTH


ORGANISATION CERTIFICATION

CY2021

Australian Government

Climate Active Public Disclosure Statement



NAME OF CERTIFIED ENTITY	Optimale Health Pty Ltd
REPORTING PERIOD	1 January 2021 – 31 December 2021 Arrears report
DECLARATION	<p><i>To the best of my knowledge, the information provided in this public disclosure statement is true and correct and meets the requirements of the Climate Active Carbon Neutral Standard.</i></p>  <p>Chris Dionysatos Director 20/12/2022</p>



Australian Government
**Department of Industry, Science,
Energy and Resources**

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Version March 2022. To be used for FY20/21/CY2021 reporting onwards.

1.CERTIFICATION SUMMARY

TOTAL EMISSIONS OFFSET	2 tCO ₂ -e
OFFSETS BOUGHT	100% VCU's
RENEWABLE ELECTRICITY	N/A
TECHNICAL ASSESSMENT	30/08/2022 Emma Baird Pangolin Associates Next technical assessment due: 30/08/2025
THIRD PARTY VALIDATION	Type 1 16 th August 2022 Wali Aziz Walker Wayland

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2. CARBON NEUTRAL INFORMATION

Description of certification

This certification covers the Australian business operations of The Trustee for Optimal Male Health (trading as Optimale Health), ABN 29 359 335 589 for the period 1st January 2021 – 31st December 2021.

Organisation description

At Optimale Health, we're focused on what's right for you. We take a personal approach with every patient, to create a plan for long-term success. It's our goal that you are empowered to take control of your health with the proper support and right treatment solutions.

While we offer treatment solutions for sexual health, we pride ourselves on our Exceptional Customer Journey. We are inspired to drive, empower and deliver Positive Change for all our customers. Taking action towards achieving a Carbon Neutral status is an important step that ensures our organisation lives its vision and delivers on Positive Change for our customers, our families and our combined future.

We are certifying our activity to achieve Carbon Neutrality and commitment to implementing strategies to reduce our Carbon Footprint.

Optimale Health staff work 100% from home and as such there are no Scope 1 or scope 2 emissions sources such as stationary fuels or electricity.

“Taking action towards achieving a Carbon Neutral status is an important step that ensures our organisation lives its vision and delivers on Positive Change for our customers, our families and our combined future.”

3.EMISSIONS BOUNDARY

This is a small organisation certification, which uses the standard Climate Active small organisation emissions boundary. Emission sources can be excluded if they do not occur.

Inside the emissions boundary

All emission sources listed in the emissions boundary are part of the carbon neutral claim.

Quantified emissions have been assessed as relevant and are quantified in the carbon inventory. This may include emissions that are not identified as arising due to the operations of the certified entity, however are **optionally included**.

Non-quantified emissions have been assessed as relevant and are captured within the emissions boundary, but are not measured (quantified) in the carbon inventory. All material emissions are accounted for through an uplift factor. Further detail is available at Appendix C.

Outside the emissions boundary

Excluded emissions are those that have been assessed as not relevant to an organisation's or precinct's operations and are outside of its emissions boundary or are outside of the scope of the certification. These emissions are not part of the carbon neutral claim. Further detail is available at Appendix D.

Inside emissions boundary		Outside emission boundary
<p><u>Quantified</u></p> <p>Office Equipment & Supplies</p> <p>Postage, Courier & Freight</p> <p>Working From Home</p>	<p><u>Non-quantified</u></p> <p>Waste</p> <p>Water</p>	<p><u>Excluded</u></p> <p>Fuel and energy related activities</p> <p>Business travel</p>
	<p><u>Optionally included</u></p> <p>N/A</p>	

Data management plan for non-quantified sources

There are no non-quantified sources in the emission boundary that require a data management plan.

4.EMISSIONS REDUCTIONS

Emissions reduction strategy

Optimale is committed to continuing to measure emissions annually as part of the Climate Active program.

Staff at Optimale Health work 100% from home, and as such there are no Scope 1 or Scope 2 emissions sources for this organisation. With a total footprint of less than 2 tCO₂-e, there is very little scope for reducing emissions. Optimale Health is committed to working with its supply chain to reduce emissions where possible.

Over the next 12 months, Optimale will be Implementing Systems to reduce the reliance on hard copy documents, including:

- Usage of Just Sign for client documents
- Reduction in printed documents in the accounting department
- Implementation of CRM based management tools

5.EMISSIONS SUMMARY

Organisation emissions summary

The electricity summary is available in the Appendix B. Electricity emissions were calculated using a location/market-based approach.

Emission category	Sum of Scope 1 (tCO ₂ -e)	Sum of Scope 2 (tCO ₂ -e)	Sum of Scope 3 (tCO ₂ -e)	Sum of total emissions (tCO ₂ -e)
Office equipment & supplies	0.00	0.00	1.12	1.12
Postage, courier and freight	0.00	0.00	0.09	0.09
Working from home	0.00	0.00	0.31	0.31
Total	0	0	1.52	1.52

Use of Climate Active Carbon Neutral Products & Services

N/A

Uplift factors

An uplift factor is an upwards adjustment to the total carbon inventory to account for relevant emissions, which can't be reasonably quantified or estimated. This conservative accounting approach helps ensure the integrity of the carbon neutral claim.

Reason for uplift factor	tCO ₂ -e
Compulsory additional 5% of the total to be added for small organisations	0.08
Total of all uplift factors	0.08
Total footprint to offset <i>(total net emissions from summary table + total uplifts)</i>	1.60

6. CARBON OFFSETS

Offsets retirement approach

In arrears		
1.	Total emissions footprint to offset for this report	1.60
2.	Total eligible offsets purchased and retired for this report	2
3.	Total eligible offsets banked to use toward next year's report	0

Co-benefits

AAC Block Project By Aerocon Buildwell Pvt. Ltd

Social Benefits:

- Improvement of air quality in the nearby region: With the avoidance of fossil fuel combustion in the proposed project activity, the exhaust gas emissions and direct air pollution is being substantially reduced in the neighbouring region.
- Better quality employment creation: The proposed project activity is situated in the Ujjain district, Madhya Pradesh state, India. Since the proposed project activity is a green field project it has created employment opportunities for more than 300 skilled-unskilled people in the entire project area.

Economic Benefits:

- Reduction of dependence from fossil fuels: The project activity reduces to the maximum the dependence of the brick manufacturing process from fossil fuels. This reduces the overall dependence of the whole region from the imports and availability of fossil fuels, thereby allowing other industries to use energy resources.

Technical Benefits:

- Enhancement of the use of green building material: The following are the ecological green building quality and characteristics of AAC blocks:
 - Energy efficient

- Lower energy consumption per cum in production process
- Best thermal insulation, 6 to 10 times better than regular concrete
- Non-toxic, environmentally friendly
- Un-suppressed fire resistance
- Excellent sound absorption
- No waste of raw materials

Orana Natural Capital Project

These 2 VCU credits have been stapled with an Australian vegetation offset from Bendigo, Victoria. The project is ambitious, encompassing regenerative farming, threatened species recovery and work into bio-links.

Orana Park is a 4,580ha farm north-west of Bendigo, Victoria owned by the regenerative agriculture fund, Tiverton Agriculture Impact Fund. As well as a conduit to a 50km landscape scale corridor with neighbouring properties and the Mt Korong Conservation Reserve, Orana Park serves as the exemplar practice of integrated regenerative farming, threatened species recovery and multi-scaled terrestrial and aquatic bio-links. Ongoing work at Orana Park sees the restoration of the full 33km of riparian vegetation along the Loddon River as well as the establishment of a 200ha Open Grassy Woodland predator-proof sanctuary which will incubate and re-establish critically endangered species; this includes the first Eastern Bettong breeding and re-introduction program in Victoria. Orana Park is also home to Australia's largest soil-carbon project with 300,000t committed to the Australian Government's ERF.

Eligible offsets retirement summary

Offsets cancelled for Climate Active Carbon Neutral Certification											
Project description	Type of offset units	Registry	Date retired	Serial number (and hyperlink to registry transaction record)	Vintage	Stapled quantity	Eligible quantity (tCO ₂ -e)	Eligible quantity used for previous reporting periods	Eligible quantity banked for future reporting periods	Eligible quantity used for this reporting period	Percentage of total (%)
AAC Block Project By Aerocon Buildwell Pvt. Ltd. (EKIESL- June 2016-02)	VCU	Verra	18 th August 2022	11961-371323013-371323014-VCS-VCU-1423-VER-IN-4-1549-01012017-31122017-0	2017		2	0	0	2	100%
Orana Natural Capital Project (Stapled to AAC Block Project)	NCU		12 th July 2022	19651-19652		2					
Total offsets retired this report and used in this report										2	
Total offsets retired this report and banked for future reports									0		
Type of offset units		Quantity (used for this reporting period claim)					Percentage of total				
Verified Carbon Units (VCUs)		2					100%				

7. RENEWABLE ENERGY CERTIFICATE (REC) SUMMARY

Renewable Energy Certificate (REC) summary

N/A

APPENDIX A: ADDITIONAL INFORMATION

In addition to the VCU offsets purchased for this report, Optimale Health has also purchased 2 NCUs from the Orana Natural Capital Project. Evidence of the retirement of these units has been provided below:



Our reference: VC_CFL-3071_01 VOL001- NCU-025

12 July 2022

Jessica Moriarty

Optimale Health
Level 3 Suite 303
7, 9 Irvine Pl,
Bella Vista NSW 2153

Dear Jessica

RE: Natural Capital Units issued

I can confirm that the following units have been recorded and allocated from the Orana Natural Capital Project:

Date	Project Reference	Serial Numbers	Amount
12.07.2022	Retired on behalf of Optimale Health for CY2021 under Climate Active	19651-19652	2

One Natural Capital Unit represents the permanent protection of one square metre of very high conservation significance native habitat in Serpentine, Victoria.

Sincerely,

A handwritten signature in black ink, appearing to read 'Mel Pritchard'.

Mel Pritchard

Registrar

APPENDIX B: ELECTRICITY SUMMARY

Optimale Health staff work 100% from home and as such there are no Scope 1 or scope 2 emissions sources such as stationary fuels or electricity.

APPENDIX C: INSIDE EMISSIONS BOUNDARY

Non-quantified emission sources

The following sources emissions have been assessed as relevant, are captured within the emissions boundary, but are not measured (quantified) in the carbon inventory. These emissions are accounted for through an uplift factor. They have been non-quantified due to one of the following reasons:

1. **Immaterial** <1% for individual items and no more than 5% collectively
2. **Cost effective** Quantification is not cost effective relative to the size of the emission but uplift applied.
3. **Data unavailable** Data is unavailable but uplift applied. A data management plan must be put in place to provide data within 5 years.
4. **Maintenance** Initial emissions non-quantified but repairs and replacements quantified.

Relevant-non-quantified emission sources	(1) Immaterial	(2) Cost effective (but uplift applied)	(3) Data unavailable (but uplift applied & data plan in place)	(4) Maintenance
Waste	Yes	No	No	No
Water	Yes	No	No	No

APPENDIX D: OUTSIDE EMISSIONS BOUNDARY

Excluded emission sources

The below emission sources have been assessed as not relevant to an organisation's or precinct's operations and are outside of its emissions boundary. These emissions are not part of the carbon neutral claim. Emission sources considered for relevance must be included within the certification boundary if they meet two of the five relevance criteria. Those which only meet one condition of the relevance test can be excluded from the certification boundary.

Emissions tested for relevance are detailed below against each of the following criteria:

1. **Size** The emissions from a particular source are likely to be large relative to the organisation's electricity, stationary energy and fuel emissions
2. **Influence** The responsible entity has the potential to influence the reduction of emissions from a particular source.
3. **Risk** The emissions from a particular source contribute to the organisation's greenhouse gas risk exposure.
4. **Stakeholders** Key stakeholders deem the emissions from a particular source are relevant.
5. **Outsourcing** The emissions are from outsourced activities previously undertaken within the organisation's boundary, or from outsourced activities typically undertaken within the boundary for comparable organisations.

Emission sources tested for relevance	(1) Size	(2) Influence	(3) Risk	(4) Stakeholders	(5) Outsourcing	Included in boundary?
Purchased goods and services				N/A		
Capital goods				N/A		
Fuel and energy related activities	Although this is deemed a relevant emission under the small organisation certification, it is not used by Optimale Health and as such it has not been included in PDS or carbon inventory.					
Upstream transportation and distribution				N/A		
Waste generated in operations	No	Yes	Yes	Yes	No	Yes
Business travel	Although this is deemed a relevant emission under the small organisation certification, it is not used by Optimale Health and as such it has not been included in PDS or carbon inventory.					
Employee commuting			Staff work 100% from home			
Upstream leased assets				N/A		
Downstream transportation and distribution				N/A		

Processing of sold products	N/A
Use of sold products	N/A
End-of-life treatment of sold products	N/A
Downstream leased assets	N/A
Franchises	N/A
Investments	N/A



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